

# LEWISTON ELEMENTARY SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2  CHICKEN FAJITA CORN FRUIT COCKTAIL SALAD BAR MILK - Variety	Oct - 3  PORK ,ROASTED MASHED POTATOES GRAVY,COUNTRY APPLE SLICES ROLLS,DINNER,WHE SALAD BAR MILK - Variety	Oct - 4  BEEF BURRITO MIXED VEGETABLES APRICOTS SALAD BAR MILK - Variety	Oct - 5  CHICKEN A LA KING NOODLES GREEN BEANS PEARS BISCUIT SALAD BAR MILK - Variety	Oct - 6  GRILLED CHEESE MINESTRONE MIXED FRUIT SALAD BAR MILK - Variety
Oct - 9  BEEF STROGANOFF MIXED VEGETABLES PINEAPPLE CHUNKS SALAD BAR MILK - Variety	Oct - 10  ENCHILADA-CHEESE SPANISH RICE REFRIED BEANS PEARS,FRESH SALAD BAR MILK - Variety	Oct - 11  TURKEY WRAP POTATO SOUP PEACHES SALAD BAR MILK - Variety	Oct - 12  HAMBURGER/BUN LETTUCE & TOMATO FRUIT COCKTAIL SUN CHIPS SALAD BAR MILK - Variety	Oct - 13  CHILI CON CARNE FRUIT,FRESH MIXED VEGETABLES SALAD BAR MILK - Variety
Oct - 16  CHICKEN TACO SPANISH RICE GREEN BEANS APPLESAUCE SALAD BAR MILK - Variety	Oct - 17  BEEF & MACARONI CARROTS PINEAPPLE CHUNKS SALAD BAR MILK - Variety	Oct - 18  CHICKEN-BAKED MASHED POTATOES GRAVY-TURKEY PEARS ROLLS,DINNER,WHE SALAD BAR MILK - Variety	Oct - 19  HAM & CHEESE SAN VEGETABLE SOUP MIXED FRUIT SALAD BAR MILK - Variety	Oct - 20  PEPPERONI PIZZA CORN PEACHES SALAD BAR MILK - Variety
Oct - 23  SPANISH STEW PEARS CARROTS CORNBREAD SALAD BAR MILK - Variety	Oct - 24  MEATLOAF MASHED POTATOES PINEAPPLE CHUNKS ROLLS,DINNER,WHE SALAD BAR MILK - Variety	Oct - 25  CHICKEN POT PIE GREEN BEANS FRUIT COCKTAIL SALAD BAR MILK - Variety	Oct - 26  BEAN BURRITO CORN PEACHES SALAD BAR MILK - Variety	Oct - 27  CHICKEN NUGGET FRENCH FRIES PEARS SALAD BAR ROLLS,WHEAT MILK - Variety
Oct - 30  ALMOND CHICKEN PI RICE MIXED VEGETABLES APPLESAUCE SALAD BAR MILK - Variety	Oct - 31  HOT DOG ON A BUN CARROTS PEARS SALAD BAR MILK - Variety			

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*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**