

LEWISTON ELEMENTARY SCHOOL

October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2 RICE KRISPIES FRUIT,FRESH COTTAGE CHEESE MILK - Variety	Oct - 3 PLAIN BAGEL CREAM CHEESE FRUIT,FRESH GRAPE JUICE MILK - Variety	Oct - 4 FRENCH TOAST FRUIT,FRESH YOGURT,FRUIT,LOF MILK - Variety	Oct - 5 BREAKFAST BURRIT FRUIT,FRESH ORANGE JUICE MILK - Variety	Oct - 6 COFFEE CAKE FRUIT,FRESH MILK - Variety
Oct - 9 SCRAMBLED EGGS SAUSAGE PATTY ORANGE JUICE FRUIT,FRESH MILK - Variety	Oct - 10 PANCAKES FRUIT,FRESH FRUIT SHAPE-UP MILK - Variety	Oct - 11 HONEY NUT CHEERI FRUIT,FRESH MILK - Variety	Oct - 12 BISCUITS GRAVY,COUNTRY FRUIT,FRESH MILK - Variety	Oct - 13 OATMEAL FRUIT,FRESH FRUIT YOGURT MILK - Variety
Oct - 16 RICE KRISPIES FRUIT,FRESH MOZZ. CHEESE MILK - Variety	Oct - 17 EGG MC MUFFIN FRUIT,FRESH GRAPE JUICE MILK - Variety	Oct - 18 FRENCH TOAST FRUIT YOGURT FRUIT,FRESH MILK - Variety	Oct - 19 PLAIN BAGEL CREAM CHEESE FRUIT,FRESH MILK - Variety	Oct - 20 MUFFIN SQUARES FRUIT,FRESH COTTAGE CHEESE MILK - Variety
Oct - 23 CORN FLAKES FRUIT,FRESH COTTAGE CHEESE MILK - Variety	Oct - 24 SCRAMBLED EGGS ENGLISH MUFFINS ORANGE JUICE MILK - Variety	Oct - 25 WAFFLE (2) FRUIT,FRESH MILK - Variety	Oct - 26 OATMEAL RAISINS APPLE JUICE MILK - Variety	Oct - 27 HONEY NUT CHEERI FRUIT,FRESH MILK - Variety
Oct - 30 MUFFIN SQUARES FRUIT,FRESH TRAIL MIX MILK - Variety	Oct - 31 BREAKFAST- PIZZA FRUIT,FRESH MILK - Variety			

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**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.